

# HEART OF THE HILLS SWIM CLUB, INC.

## RULES AND REGULATIONS

The following rules and regulations are for the protection and benefit of all members. These rules have been established to ensure safe and sanitary operation of the pool facilities. Parents are requested to caution their children to observe all rules and obey instructions of the Pool Manager and staff. Any failure to comply with these rules shall be considered sufficient cause for immediate suspension of pool privileges for the offending member for a period from 1 to 7 days and can also be considered sufficient cause for cancellation of a membership.

The Pool Manager and staff operate the club facilities on behalf of all members. They are to be respected at all times while discharging their duties. Adults and children alike must follow directions given by any of the staff. Abusive behavior towards any staff employee will not be tolerated and is subject to Board of Governors review and action as necessary.

Complaints of any nature should be registered with the Pool Manager or an individual Board Member. Complaints thus registered will be forwarded to the Board of Governors for appropriate action and response. Complaints may also be submitted in writing directly to the Board of Governors.

1. **CLUB HOURS:** Regular hours are 10 a.m. to 10 p.m. Pool Hours: 10 a.m. to 10 p.m. (weather permitting). Club and Pool hours are adjusted while Rochester schools are in session and are posted on the website and at the front door. Monday - Friday, a portion of the pool may be reserved for swim lessons, and the pool is closed early on days of home swim meets and some social events. Club facilities may be reserved for particular times and/or activities by action of the Board. Please see the website <http://www.hhscswim.org> for the club calendar and current operating hours.
2. **HEALTH and SAFETY:** All members shall observe the following:
  - A. All bathers must shower before entering the pool. No street shoes are allowed on the pool deck.
  - B. No glass containers of any kind allowed on club property. Food or refreshments may be consumed only in the prescribed areas. NO ALCOHOLIC BEVERAGES will be permitted anywhere on Club property, except in the case of Board-sponsored events where the pool is closed to ensure safety.
  - C. No running, pushing, wrestling, ball playing or causing undue disturbance in or around the pool area.
  - D. NO SMOKING allowed on Swim Club property.
  - E. No pets allowed on Swim Club property.
  - F. No skateboards, scooters or shoes with wheels allowed on property.
  - G. Admission shall be refused to anyone with skin abrasions, colds, cough, infections, and inflamed eyes, wearing bandages or band-aids. Expectorating and blowing nose in the pool is prohibited.
  - H. Use of kiddie pool shall be limited to children under 6 years of age, supervised by a responsible adult. Children who are not toilet trained must wear a cloth diaper with snug fitting plastic pant over the diaper or a swim diaper while in either pool. Swim diapers are available at the front desk for a nominal fee.

- I. Main pool age restrictions:
  - Children under the age of 8 must always be accompanied by a responsible adult.
  - Children 8-12 years old, who pass a swimming test administered by the staff, may be at the club and swim in the pool unaccompanied for no more than 4 hours at a time prior to 6:00 p.m.
  - After 6:00 p.m., all children under 13 must be accompanied by a person 16 years of age or older.
  - Children over age 4 are restricted from the opposite-sex locker room.
- J. Diving facilities will be used only under the supervision of a lifeguard.
- K. To ensure safety, flotation devices (including child swimsuits with built-in flotation) are not allowed in the main pool. In consideration of all members, water toys or other objects are restricted to small items such as soft water balls and diving sticks, as long as they do not impact the comfort and safety of other members and guests. Club equipment, which may be checked out at the desk, is for use in the lap-swimming lane only.
- L. Sweats or cut-off jeans are not allowed in either pool.
3. All persons, including children, using the Club do so at their own risk. The Club will not be responsible for any accident or injury in connection with such use. The Club will not be responsible for loss or damage to personal property.
4. The cost of any property damage will be charged to the responsible active member.
5. Use of Tennis Courts are subject to rules which are posted at the entrance to same.
6. Radios should be kept to a reasonable volume or be used with head phones so as not to disturb others.
7. Parties:
  - Members wishing to host parties or groups which will have 10 or more non-member attendees must notify staff members at the front desk at least 10 days in advance of the event date.
  - In consideration of all members, member parties will be limited to no more than 50 non-member guests and 4 picnic tables at one time, and accommodated on a first-come first-served basis, subject to the approval of the club manager (For example, only a single party of 50, or 2 parties of 25, may be held at the same time).
8. **CODE OF CONDUCT:** All members will act responsibly and observe a code of conduct that includes, but is not limited to:
  - A. NO swearing or profane language.
  - B. NO swimming when pool is closed for any reason. This includes adult or special functions, maintenance or cleaning.
  - C. NO engagement in any activity which is in violation of Local, State or Federal Law.
9. These rules may be revised or added to at any time by the Board of Governors. Any changes to rules during the year will be posted in the receptionist area.