



Aloha!

Mark your calendars for

The 7th annual 11 & Up

Relay Meet

Hosted by the Sharks

At Beverly Hills Athletic Club

On Saturday June 22, 2019

Warm ups at 8am and Meet starts at 9am

Heat Winner Prizes & 4 Grand Prizes

*Lots of fun – Please
dress up and join us!*



Order of Events

- 1) 11-14 yrs. old - 200 M Women's Freestyle Relay
- 2) 11-14 yrs. old - 200 M Men's Freestyle Relay
- 3) 11-14 yrs. old - 200 M Mixed Freestyle Relay
- 4) 15-18 yrs. old - 200 M Women's Freestyle Relay
- 5) 15-18 yrs. old - 200 M Men's Freestyle Relay
- 6) 15-18 yrs. old - 200 M Mixed Freestyle Relay
- 7) 11-14 yrs. old - 100 M Women's Medley Relay
- 8) 11-14 yrs. old - 100 M Men's Medley Relay
- 9) 11-14 yrs. old - 100 M Mixed Medley Relay
- 10) 15-18 yrs. old - 100 M Women's Medley Relay
- 11) 15-18 yrs. old - 100 M Men's Medley Relay
- 12) 15-18 yrs. old - 100 M Mixed Medley Relay
- 13) 11-14 yrs. old - 200 Meter Mixed Breaststroke Relay
- 14) 15-18 yrs. old - 200 Meter Mixed Breaststroke Relay
- 15) 11-14 yrs. old - Mixed 4 x 100 M Individual Medley Relay
→ Each swimmer swims a 100 IM
- 16) 15-18 yrs. old - Mixed 4 x 100 M Individual Medley Relay
→ Each swimmer swims a 100 IM
- 17) 11-14 yrs. old - 200 M Mixed Backstroke Relay
- 18) 15-18 yrs. old - 200 M Mixed Backstroke Relay
- 19) 11-14 yrs. old - 200 M Mixed Butterfly Relay
- 20) 15-18 yrs. old - 200 M Mixed Butterfly Relay
- 21) 11-14 yrs. old - 100 M Women's Free Relay
- 22) 11-14 yrs. old - 100 M Men's Free Relay
- 23) 11-14 yrs. old - 100 M Mixed Free Relay
- 24) 15-18 yrs. old - 100 M Women's Free Relay
- 25) 15-18 yrs. old - 100 M Men's Free Relay
- 26) 15-18 yrs. old - 100 M Mixed Free Relay
- 27) 11-14 yrs. old - 250 M Mixed Free Crescendo Relay
→ 25, 50, 75, 100
- 28) 15-18 yrs. old - 250 M Mixed Free Crescendo Relay
→ 25, 50, 75, 100
- 29) 11-14 yrs. old - 200 M Mixed Medley Relay
- 30) 15-18 yrs. old - 200 M Mixed Medley Relay

****Mixed Relays can be made up of:**

- 4 Girls
- 3 Girls & 1 Boy
- 2 Girls & 2 Boys

****CANNOT have more boys than girls****



Entry & Event Information

- Each Swimmer may swim a MAXIMUM of 3 events.
- Each club needs to provide one experienced timer. There will be a Timer's Meeting at 8:45 on the pool deck.
- Swimmers must be listed on their NSSL team roster.
- Mixed relays may include 2 boys & 2 girls, 3 girls & 1 boy, or 4 girls, but not 4 boys or 3 boys & 1 girl. Order of the boys & girls does not matter.
- Teams may enter up to 4 relays per event.
- Places will be awarded according to final times.
- The \$9.00 per swimmer meet fee must be paid in advance through the participating club.
- MHSAA swimming rules will cover all events.
- For the 200 Backstroke Relay, 2nd- 4th swimmers will dive off the block, and must turn over onto their back by the time they surface.
- Warm- Ups begin at 8 AM. Times to follow as we receive entries. Meet begins promptly at 9 AM.
- Entry questions should be directed to Peter Linton BHAC.Computers@gmail.com
- Entry fees due by June 19th payable to **BHAC Swim Team**. A check and a list of swimmers names attending can be dropped/mailed to the club or meet manager.

BHAC
18157 Beverly Road
Beverly Hills, MI 48025

Jen Ruprich
18389 Devonshire
Beverly Hills, MI 48025



Meet Manager

- You will be receiving a back-up of the Meet Manager Relay Meet 2019 File.
- Please add your roster into the file, and assign swimmers into their events using the relays tab.
- Please do NOT put relays into heats or lanes.
- Upon completion of your line-up, please export entries for a Meet Manager merge of the same meet.
- All entries must be received by **June 19th at 8 PM** otherwise the team will be removed from the meet. If there are corrections to your lineup after June 19th, please email Peter Linton BHAC.Computers@gmail.com as soon as possible. Deck entries will be extremely limited.

Questions? Call Peter Linton 248-703-2255 or Jen Ruprich 248-229-5203

