



# 2019 A-Finals Championship Meet

**TO: ALL LEAGUE REPRESENTATIVES AND COACHES**  
**FROM: KERRY REHBINE - NSSL Vice President/Meet Manager**

## **Championship Meet Schedule**

Saturday Events – **PRELIMINARIES** – July 27, 2019

### **Morning Session:** Age groups: **13/14 & 15-18**

\*Warm-ups: 7:00 – 7:20 am Beachwood  
Beverly Hills  
Forest Hills

7:20 – 7:40 am Huntington Woods  
Cranbrook  
SURF

7:40 – 8:00 am Heart of the Hills  
Woodside  
Pleasant Ridge

8:00 – 8:20 am Beechview  
Farmington Glen  
Woodbrooke Hills

**NOTE – possible one-way sprints 8:20 – 8:30**

\*Each team has 2 lanes for warm-ups

8:00 am Timers Meeting (at the flag pole)  
8:15 am Coaches Meeting (under the pavilion)  
8:30 am Events begin

**RELAYS:** will immediately follow, with warm-ups beginning at approximately 10:30 am and events beginning at approximately 11:30 am.

### **Afternoon Session:** Age Groups: **8 & U, 9-10, and 11-12**

Warm-ups: A 60-minute warm-up will begin immediately after the relays. This session will follow the same sequence as the morning, with four 15 minute sessions.

Events will begin at the conclusion of warm-ups.



# 2019 A-Finals Championship Meet

## Championship Meet Schedule (continued)

Sunday Events – **FINALS**– July 28, 2019

The order of events will be the same as that for dual meets.

Warm-ups: 8:10-8:30 am	Beachwood Beverly Hills Forest Hills
8:30-8:50 am	Huntington Woods Cranbrook SURF
8:50-9:10 am	Heart of the Hills Woodside Pleasant Ridge
9:10-9:30 am	Beechview Farmington Glen Woodbrooke Hills
9:30 – 9:40 am	All teams one way sprints
9:15 am	Timers Meeting (at the flag pole)
9:45 am	Parade of Clubs
10:20 am	Events begin (in dual meet order, relays at the end)

# 2019 A-Finals Championship Meet

## Order of Events for Preliminaries Saturday, July 27, 2019

### MORNING SESSION (odd = Girls, even = Boys)

3	4	13-14	100 IM
5	6	15-18	50 Breast
13	14	13-14	50 Fly
15	16	15-18	50 Back
23	24	13-14	50 Breast
25	26	15-18	100 Free
33	34	13-14	50 Back

### \*\*\*\* **Relay Cards Due to Computer Meet Manager** \*\*\*\*

35	36	15-18	100 IM
43	44	13-14	50 Free
45	46	15-18	50 Fly

### RELAYS

47	40 year	200 Combined Free Relay
48	40 year	200 Combined Medley Relay
49	52 year	200 Girls Medley Relay
50	52 year	200 Boys Medley Relay
51	66 year	200 Girls Free Relay
52	66 year	200 Boys Free Relay

### AFTERNOON SESSION (odd = Girls, even = Boys)

1	2	11-12	50 Back
7	8	8 & U	25 Back
9	10	9-10	50 Fly
11	12	11-12	50 Free
17	18	8 & U	25 Free
19	20	9-10	50 Breast
21	22	11-12	100 IM
27	28	8 & U	25 Fly
29	30	9-10	50 Back
31	32	11-12	50 Fly
37	38	8 & U	25 Breast
39	40	9-10	50 Free
41	42	11-12	50 Breast

*Relay cards will be provided by the computer meet manager during the morning warm-up period.*

# 2019 A-Finals Championship Meet

## Order of Events for Finals Sunday, July 28, 2019

### # Event

- 1 11-12 Girls 50 Back
- 2 11-12 Boys 50 Back
- 3 13-14 Girls 100 IM
- 4 13-14 Boys 100 IM
- 5 15-18 Girls 50 Breast
- 6 15-18 Boys 50 Breast
- 7 8 & Under Girls 25 Back
- 8 8 & Under Boys 25 Back

*(break for awards, events 1 - 6)*

- 9 9-10 Girls 50 Fly
- 10 9-10 Boys 50 Fly
- 11 11-12 Girls 50 Free
- 12 11-12 Boys 50 Free
- 13 13-14 Girls 50 Fly
- 14 13-14 Boys 50 Fly
- 15 15-18 Girls 50 Back
- 16 15-18 Boys 50 Back
- 17 8 & Under Girls 25 Free
- 18 8 & Under Boys 25 Free

*(break for awards, events 7 - 16)*

- 19 9-10 Girls 50 Breast
- 20 9-10 Boys 50 Breast
- 21 11-12 Girls 100 IM
- 22 11-12 Boys 100 IM
- 23 13-14 Girls 50 Breast
- 24 13-14 Boys 50 Breast
- 25 15-18 Girls 100 Free
- 26 15-18 Boys 100 Free
- 27 8 & Under Girls 25 Fly
- 28 8 & Under Boys 25 Fly

*(break for awards, events 17 - 26)*

**Relay cards are due to the Computer Meet Manager after event 28**

### # Event

- 29 9-10 Girls 50 Back
- 30 9-10 Boys 50 Back
- 31 11-12 Girls 50 Fly
- 32 11-12 Boys 50 Fly
- 33 13-14 Girls 50 Back
- 34 13-14 Boys 50 Back
- 35 15-18 Girls 100 IM
- 36 15-18 Boys 100 IM
- 37 8 & Under Girls 25 Breast
- 38 8 & Under Boys 25 Breast

*(break for awards, events 27 - 36)*

- 39 9-10 Girls 50 Free
- 40 9-10 Boys 50 Free
- 41 11-12 Girls 50 Breast
- 42 11-12 Boys 50 Breast
- 43 13-14 Girls 50 Free
- 44 13-14 Boys 50 Free
- 45 15-18 Girls 50 Fly
- 46 15-18 Boys 50 Fly

*(break for awards, events 37 - 46)*

- 47 40 Yr. Mixed 200 Free Relay
- 48 40 Yr. Mixed 200 Medley Relay
- 49 52 Yr. Girls 200 Medley Relay
- 50 52 Yr. Boys 200 Medley Relay
- 51 66 Yr. Girls 200 Free Relay
- 52 66 Yr. Boys 200 Free Relay

*(awards, events 47 - 52)*



# 2019 A-Finals Championship Meet

## Meet Entries

Attached are entry forms and other information regarding the "A" Finals Championship Meet.

### **Items to note:**

- Enter swimmer's last name first and include the swimmer's age for the 2019 season in the designated column.
- The entry must include an **actual time** from one of the NSSL dual meets or NSSL scheduled mini meets during the 2019 season—disregard obviously erroneous times – if no time is available from the 2019 season, "No Time" must be used on entry. League rules require that each swimmer entered must have appeared in at least 2 dual meets during the season.
- Each person may enter only two individual events and one relay, or one individual event and two relays.
- Enter times to the nearest hundredth of a second.
- Enter no more than one relay per event. Enter the total best time swum this year. However, if a relay team did not swim together, an estimated time will be accepted.
- Remember, only 2 swimmers per event. You must fill your "A" championship meet events prior to entering swimmers in the "B" championship meet.
- Entries for the boys, girls, and relays must be on separate sheets.
- Electronic entries are to be made via e-mail to the league specified recipient (Jeff Wagner) by the entry deadline. A paper copy of the entries must be submitted at the drop off meeting on **Monday, July 15<sup>th</sup>**. All seeding will be done by computer.
- The computer meet manager will provide relay cards for both the preliminaries on Saturday and finals on Sunday. Refer to the order of events for when these cards are due to the computer meet manager.
- Coaches need to make copies of their entries prior to submission to the League. **Entries must be signed by the coach AND the league representative.** In the event of a challenge to the entry, the meet chairperson will use the NSSL Official Entry Forms to resolve the problem.
- Remember to star (\*) a swimmer's name if he or she is swimming "up" in age.



## 2019 A-Finals Championship Meet

Check your entries carefully. There is extremely limited time for corrections after data has been entered. All entries will be held in strictest confidence. **The deadline for entries is Monday, July 15, 2019 at 8:00 pm.** Due to strict computer requirements and printing schedules, no exceptions can be made.

Hand deliver to Kerry Rehbine at Cranbrook Swim Club. NSSL board members will be there from 6:00PM – 8:00PM. If you need to reach Kerry prior to this time, you may do so at 248.755.0020 or Kerry.rehbine@gmail.com.

# 2019 A-Finals Championship Meet

## POOL RULES AND REGULATIONS:

1. Team set-ups, including tents, should be constructed outside the fence on the South and East side of the pool. Team locations will be marked based upon the number drawn at the June meeting. Please be considerate of the other teams on the hill and respect the space allotment. **Tent width should be no more than 20 feet. Tents may be set-up any time between 3pm and 8pm on Friday, July 26<sup>th</sup>.**
2. Swimmers should enter the deck area only after being marshaled for an event and leave after receiving their time.
3. No food or drink is permitted in the deck area of the pool.
4. Please be considerate in maintaining a clean and orderly facility.
5. Access to the pool deck will be determined by league representatives on the basis of need and will be severely restricted. All individuals working on-deck will need to wear identifying name tags (supplied by the meet director).
6. Only two coaches per team are allowed on the west end of the pool deck.
7. Absolutely no cooking is allowed on the hill or in the adjacent parking lots.
8. It is each team's responsibility to clean their area on the hill each day before they leave the meet.

**The League Board of Directors wishes each team and every swimmer a successful Championship meet!**



# 2019 A-Finals Championship Meet

## NSSL 2019 CHAMPIONSHIP MEET - CHECKLIST

**Deadline for submission of entries is  
MONDAY - JULY 15, 2019 - 8:00PM**

- \_\_\_\_\_ Boys Entry Forms
  - *Entry report by event including relays with a time*
  - *Entry report by swimmer with age & proof of time*
  
- \_\_\_\_\_ Girls Entry Forms
  - *Entry report by event including relays with a time*
  - *Entry report by swimmer with age & proof of time*
  
- \_\_\_\_\_ \$5 Fee per Swimmer (Checks made out to NSSL)
  
- \_\_\_\_\_ Relay Entry Form (Non Individual Event Swimmers)
  
- \_\_\_\_\_ Opening Ceremony Form (turn in **and** send electronically to Kerry Rehbine @ NSSLAFinals@gmail.com)
  
- \_\_\_\_\_ Obtain any last minute Program and Happy Ads
  
- \_\_\_\_\_ Special Olympics Donation (*Checks made out to **Special Olympics***)
  
- \_\_\_\_\_ Complete Worker Sign-Up Sheet
  
- \_\_\_\_\_ Bring Extra Dual Meet Ribbons--- Keep 4 of each place at your club and return all others to the NSSL for use next year
  
- \_\_\_\_\_ Populate and turn in A Finals Financial Summary Worksheet



# 2019 A-Finals Championship Meet



## A-FINALS FINANCIAL SUMMARY WORKSHEET

**Submit completed sheet with packet on  
MONDAY - JULY 15, 2019**

Team Name \_\_\_\_\_ Abbrev \_\_\_\_\_

Swimmer Qty \_\_\_\_\_ X \$5 ea. Total \$ \_\_\_\_\_

Program Ad Qty

Full Page Qty \_\_\_\_\_ X \$100 ea. Total \$ \_\_\_\_\_

1/2 page Qty \_\_\_\_\_ X \$ 50 ea. Total \$ \_\_\_\_\_

1/4 page Qty \_\_\_\_\_ X \$ 25 ea. Total \$ \_\_\_\_\_

Business Card Qty \_\_\_\_\_ X \$ 10 ea. Total \$ \_\_\_\_\_

Senior Bios Qty \_\_\_\_\_ X \$ 10 ea. Total \$ \_\_\_\_\_

Happy Ad Qty \_\_\_\_\_ X \$ 10 ea. Total \$ \_\_\_\_\_

Lane Line Ad Qty \_\_\_\_\_ X \$600 ea. Total \$ \_\_\_\_\_

Event Sponsor Qty \_\_\_\_\_ X\$ 50 ea. Total \$ \_\_\_\_\_

Other: \_\_\_\_\_ Total \$ \_\_\_\_\_

Grand Total to NSSL \$ \_\_\_\_\_

Special Olympics Total \$ \_\_\_\_\_



# 2019 A-Finals Championship Meet

## NSSL 2019 "A" FINALS OPENING CEREMONY PARADE OF TEAMS

**Team Name** \_\_\_\_\_

**Team Nickname** \_\_\_\_\_

**Head Coach** \_\_\_\_\_

**Assistant Coaches** \_\_\_\_\_

**# of swimmers** \_\_\_\_\_

**Graduating Seniors (list of names only – no bios will be read during the parade)**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Club Information (Please attach the typed text you would like read during the Parade of Teams. In addition, please email a copy of the text to the NSSL Vice President Kerry Rehbine at [NSSLfinals@gmail.com](mailto:NSSLfinals@gmail.com))**

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\_\_\_\_\_

RETURN COMPLETED FORM WITH YOUR MEET ENTRIES



# 2019 A-Finals Championship Meet

## OFFICIAL RELAY ENTRY FORM (swimmers not in an individual event)

Page 1 of 1

Club: \_\_\_\_\_

Year: 2019

	<u>Swimmer</u>	<u>Age</u>		<u>Swimmer</u>	<u>Age</u>
1.			13.		
2.			14.		
3.			15.		
4.			16.		
5.			17.		
6.			18.		
7.			19.		
8.			20.		
9.			21.		
10.			22.		
11.			23.		
12.			24.		

Note: Official Rules of Competition Rule V G.2: "The entry form for relay events shall clearly indicate the official entrants and alternate entrants. A pool of up to 24 alternates is allowed for the relay events. The alternates shall apply for both the preliminaries and the finals program. Ages of official and alternate entrants for relays shall be shown next to the entrant's name. The combined ages of swimmers must not exceed 40, 52 or 66 depending on the event. Being listed as a relay alternate uses one of the three event eligibilities of an individual, whether or not the individual actually swims in the relay event."



# 2019 A-Finals Championship Meet

## WORKER SIGN-UP SHEET (List all information)

**\*NOTE! Experience Timers are required!**

	<b>Name</b>	<b>Phone #</b>	<b>Job</b>	<b>Session</b>
<b>1.</b>			Timer 8:00 am	Sat am
<b>2.</b>			Timer TBA	Sat pm
<b>3.</b>			Timer 9:15 am	Sunday
<b>4.</b>			Cleanup	Sunday
<b>5.</b>				
<b>6.</b>				
<b>7.</b>				
<b>8.</b>				
<b>9.</b>				
<b>10.</b>				
<b>11.</b>				
<b>12.</b>				
<b>13.</b>				
<b>14.</b>				
<b>15.</b>				
<b>16.</b>				
<b>17.</b>				
<b>18.</b>				
<b>19.</b>				
<b>20.</b>				

The Saturday morning timers will also time for the relays.

Required: one experienced timer from each club for each session and one person to assist with cleanup at the conclusion of the meet. Refer to "Club Assignments List" for primary job assignment.

Retain a copy of this list for your files and use.

*Completed form is due on July 15, 2019 with your entries.*